

Sibling rivalry resources

Crary, E. (1997). *Help! The Kids Are At It Again*. Seattle, WA: Parenting Press, Inc. <Two thumbs up, explores issues underlying sibling rivalry and how to use moments of conflict as opportunities to teach valuable people skills.>

Crist, J., & Verdick, E. (2010) *Siblings– You’re Stuck with Each Other so Stick Together*. Minneapolis, MN: Free Spirit Publishing, Inc. .<This book is both adult and kid–friendly and briefly focuses on a large variety of sibling issues and quick–fixes.>

Faber, A., & Mazlish, E. (2012). *Siblings Without Rivalry*. New York: W.W. Norton & Company.<Leads the reader through the parent’s experience and reactions to sibling rivalry with numerous brief case studies and explores effective ways to lead children and for adults to manage their own reactions.>

Goldenthal, P. (2000). *Beyond Sibling Rivalry*. New York, New York: Henry Holt and Company, LLC.

<Includes a nice list of additional resources, how to seek help, and how to teach values such as compassion and cooperation.>

Hart, S. (2001). Preventing Sibling Rivalry. New York, New York: The Free Press. <Explains sibling rivalry from a developmental perspective based on the idea of jealousy as the primary source of rivalry, extremely in-depth.>



See the video!