

Making the Good Times Get Bigger and Last Longer

Words of Appreciation and Gratitude

Energizing Efforts

I like the way you did what I asked the first time, thanks for working on being respectful.

When it was time to go you got ready and got in the car without being reminded. You were annoyed with your brother and you walked away. Thanks for letting yourself be mad without hurting.

Thanks for accepting no for an answer without arguing. You know how to cooperate.

You got started on your homework right away without a reminder.

Great job sharing with your sister. I really like the way you have been working on that.

I like the way you were honest, that shows integrity.

You put away the dishes without being asked. Thank you for being responsible, now here's the keys to your new Ferrari.

Noticing the Absence of Problems

Great job being responsible and respectful at school. No calls from the principal in a week!

I appreciate the way you have been polite with your mother and I.

You guys have been home for almost an hour thanks for working on getting along and not screaming in the house, that's showing self-control.

Thanks for not eating snacks without permission this week, that's respect.

You are doing a good job of not losing your temper by not hitting when you are mad.

I don't like you arguing but I do see you are not throwing or breaking anything, you are making progress and learning to control yourself!

Wow, you are really being responsible, we haven't gotten a grade alert in weeks!

